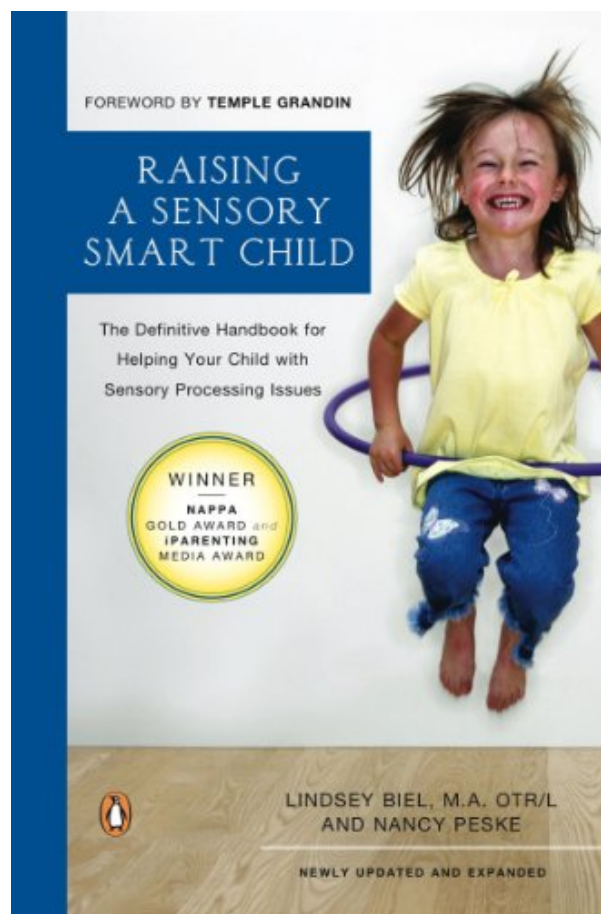
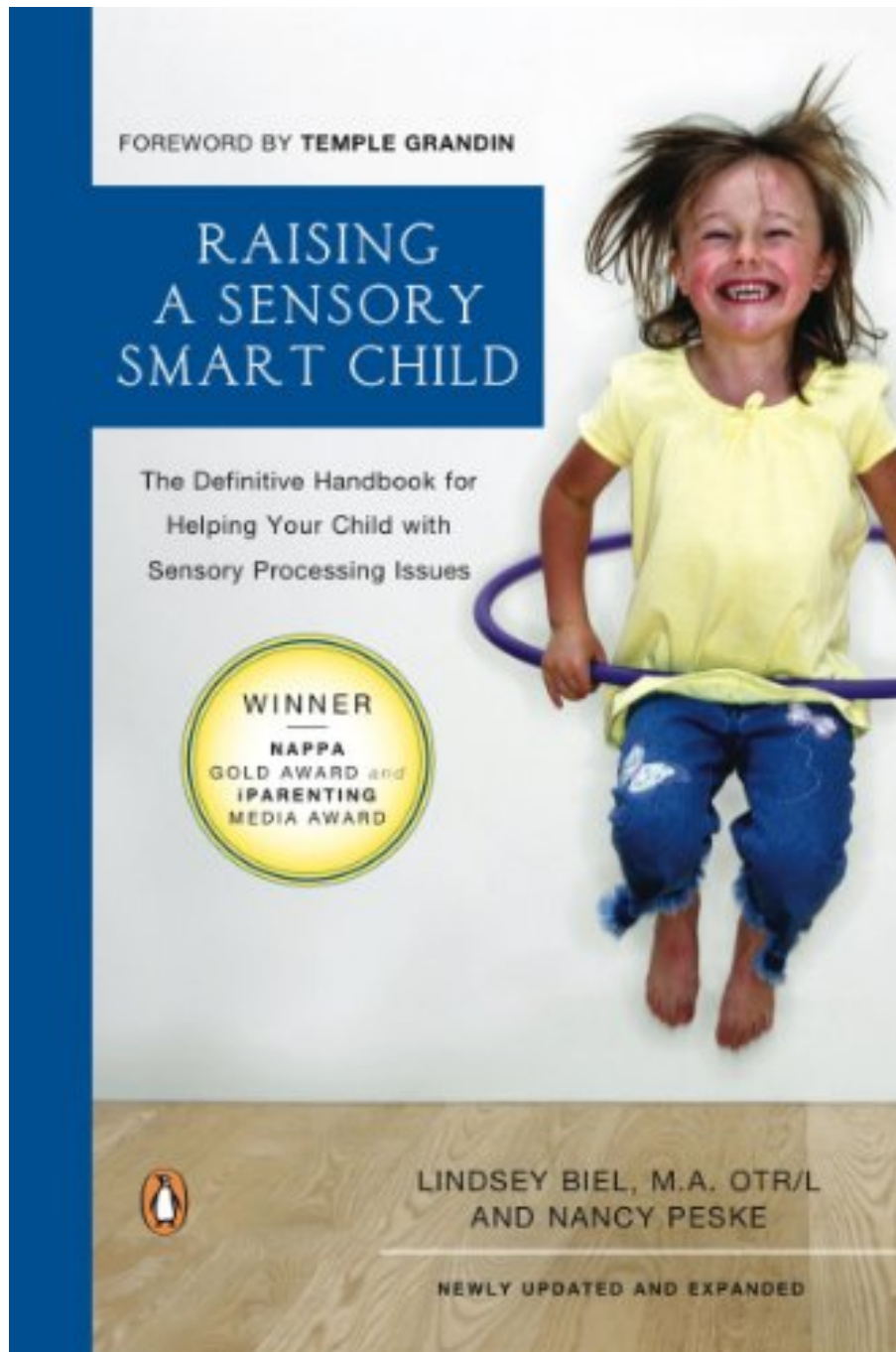


RAISING A SENSORY SMART CHILD: THE DEFINITIVE HANDBOOK FOR HELPING YOUR CHILD WITH SENSORY PROCESSING ISSUES BY LINDSEY BIEL, NANCY PESKE



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Review

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and professionals trying to figure out how to help kids with this common condition that affects as many as 1 in 10 children.

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For children with sensory difficulties—those who struggle to process everyday sensations and exhibit unusual behaviors such as avoiding or seeking out touch, movement, sounds, and sights—this groundbreaking book is an invaluable resource. Sensory integration dysfunction, also known as sensory processing disorder, affects all kinds of children—from those with developmental delays, attention problems, or autism spectrum disorders, to those without any other issues. Coauthored by a pediatric occupational therapist and a parent of a child with sensory issues, this updated and expanded edition of *Raising a Sensory Smart Child* is comprehensive and more helpful than ever.

Learn:

- *How the senses actually work and integrate with each other
- *How and where to get the very best professional help
- *"Sensory diet" activities that meet your child's needs—including new tips and ideas for kids, teens, adults, and families
- *Practical solutions for daily challenges—from brushing teeth to getting dressed to picky eating to family gatherings
- *Using "sensory smarts" to help children with developmental delays, learning, and attention problems
- *The special challenges of helping children with autism and sensory issues
- * Ways to advocate for your child at school and make schools "sensory smart"
- *How to empower your child and teen in the world
- *Complementary therapies, resources, and helpful web sites

In all, the most comprehensive guide to sensory processing challenges is now more detailed and useful than ever. Loved and celebrated by parents, teachers, therapists, doctors and others, the new edition of *Raising a Sensory Smart Child* is a must-have volume for anyone who cares about a child with sensory issues.

*****WINNER of the NAPPA GOLD AWARD and iPARENTING MEDIA AWARD*****

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- Format: Kindle eBook

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Most helpful customer reviews

82 of 86 people found the following review helpful.

BEST Sensory Book ever!

By Becky Rose

Having read all the books in this genre, I'm particularly impressed with this one written by Lindsey Biel and Nancy Peske. The book is **PACKED** with information and I find myself using it often as a reference.

The authors start with understanding your child (and I find this helps understand yourself and family too!). They explain the seven senses in detail and how and why their functioning is important and how their senses alter their behavior.

The next section is about working with Occupational Therapists and how **YOU** can help your child at home, in school and in the community. They go through **EVERYTHING**; from eating (at home and in restaurants - including special feeding issues!), potty training, the dreaded birthday parties and family get togethers, and much more...

How to decorate and make your house more sensory friendly is explored as well as how to advocate for your child in their school. It's seriously a one stop shop book. There is too much info for me to list - it's all in there.

The writers are clear and descriptive, making a sometimes difficult subject matter easy to understand and apply to your every day life.

A **MUST READ** section is "Quick Tips for Calming an Overwhelmed Child." Thank you, thank you, thank you for this priceless advice. This book is fabulous!

1 of 1 people found the following review helpful.

Great resource

By Anne

This book is packed with great information and has really helped us understand our son's sensory issues. It's also helped me to see everyday situations in a new light and has forever changed my perspective on the possibilities for my son's development and success in school.

1 of 1 people found the following review helpful.

So glad I bought this

By Amazon Customer

This has been an eye opener for us. It has great ideas. Have been in OT, PT, ST since birth (4 yrs) with CP. Great ideas and new ways to deal with issues.

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